



# **RESET**

with Bonnie Sala

Start fresh daily with 2-minutes of truth and grace from God's Word!

**SCRIPTURE PRINTABLE CARDS**



## **RESET** with Bonnie Sala

Start fresh daily with Jesus & His Word

## **Reset Your Prayer Life**

*Give God your undivided attention by choosing a quiet time and a solitary place like Jesus did.*

Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where he prayed.

Mark 1:35

Visit [Guidelines.org](https://www.guidelines.org) to listen to *RESET* with Bonnie Sala, a 2-minute daily devotional.

## **Reset Your Relationships**

*Extend the grace that Jesus has given to you.*

Always be humble and gentle. Be patient with each other, making allowance for each other's faults because of your love.

Ephesians 4:2

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## **Reset Your Emotions**

*Ask Jesus for his healing today.*

He heals the brokenhearted and binds up their wounds.

Psalms 147:3

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## **Reset Your Habits**

*Make choices that are pleasing to God.*

In all your ways acknowledge him, and he will make straight your paths.

Proverbs 3:6

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## **Reset your Doubts**

*Jesus is a good listener to our questions about Him and answers them Himself through the Bible.*

If we are faithless, He remains faithful.

2 Timothy 2:13

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## **Reset your Anxiety Level**

*God, who knows our anxieties and inadequacies, give us grace for our individual struggles.*

So now I am glad to boast about my weaknesses, so that the power of Christ can work through me.

2 Corinthians 12:9

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## **Reset Your Response to Discouragement**

*Anchor your hope in God and His glory and you will not be disappointed.*

Through him we have also obtained access by faith into this grace in which we stand, and we rejoice in hope of the glory of God.

Romans 5:2

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